



Shirley Ryan
Abilitylab®

Formerly



Academy

ACADEMY CATALOG
2018 – 2019



is now known as

Shirley Ryan
AbilityLab



Learning for Improved Outcomes: The Academy is the not-for-profit educational arm of the Shirley Ryan AbilityLab. We offer a wide range of accredited, continuing education including:

- Online and in-person courses
- Webinars
- Hands-on workshops
- Customized programs for hospital systems and teams
- Bookstore of patient and clinician resources

Academy

For the past 59 years, the Academy, formerly RIC Academy, has been a dynamic part of fulfilling Shirley Ryan AbilityLab's vision. The Academy is committed to bringing you new and innovative content and ways to improve your rehabilitation practice.

The Academy's space is designed explicitly for learning, and students are telling us they love the bright, open environment. Our state-of-the-art recording studio allows us to create high-quality videos and webinars. Best of all, we worked with our faculty to build an exciting lineup of programs. Whenever possible, our curriculum emphasizes hands-on experiences with patient models, so learners have an opportunity to apply their new knowledge.

When you attend an in-person course, you will have the opportunity to tour the Shirley Ryan AbilityLab to see our model of care in action. In fact, many workshops take place in the ability labs, unique translational labs designed for the application of research real time with patients. You will see first-hand how we integrate research and clinical care in this model.

SPECIAL OFFER

Sign up today and receive a special offer as well as notifications when new registrations open and other Academy updates.

sralab.org/Catalog2018

About Shirley Ryan AbilityLab

Founded in 1954, formerly the Rehabilitation Institute of Chicago, we have been designated the "#1 Rehabilitation Hospital in America" by *U.S. News & World Report* every year since 1991. Our new model of care emphasizes translational research so we can guide patient care toward better, faster outcomes.

Shirley Ryan AbilityLab operates a 242-bed flagship hospital in downtown Chicago, as well as a network of 30+ sites of care located throughout Illinois that provide additional inpatient care, DayRehab® and outpatient services. We also maintain strategic alliances with leading healthcare providers throughout the Midwest.



“ I really enjoyed the schedule of this course (weekly, vs. all in one weekend). I think it helped to reinforce the information over time, instead of receiving it all at once, and then forgetting most of it. It totally exceeded my expectations. Excellently organized, expert presenters, relevant to my clinical practice. Really enjoyed it. Thank you all so much! ”

— *Online Series Participant*

“ Instructors were knowledgeable and approachable. They took the time to answer questions and elaborate on more complex concepts. ”

— *Vision Course Attendee*



“ I love the range of offerings and feel that they provide very high quality information relevant to my profession and the patient population I work with. As a working mom of two young kids, their online live courses provide me the flexibility to continue learning and growing in a profession that I love... Highly recommended!! ”

— *Webinar Attendee*



2018 Live Courses

November 9-10

Management of the Neurologic Upper Extremity: An Evidence-Based Approach with Practical Solutions

Faculty: Salvador Bondoc, OTD, OTR/L, BCPR, CHT, FAOTA

December 6-8

Pediatric Gait Analysis and Orthotic Management: An Optimal Segment Kinematics and Alignment Approach to Rehabilitation (OSKAR)

Faculty: Elaine Owen, MBE, MSc, SRP, MCSP

2019 Live Courses

March 14-16

Vestibular Rehabilitation: Theory, Evidence and Practical Application

Faculty: Janet Odry Helminski, PT, PhD & Katherine Martinez, PT, PhD, NCS

June 5-7

42nd Annual Spinal Cord Injury Course

Faculty: Faculty from the Shirley Ryan AbilityLab & Andrew C. Smith, PT, DPT, PhD

May 2-3

Clinical Evaluation and Management of Visual Perceptual Impairments Following Acquired Brain Injury

Faculty: Amy Berryman, OTR, Tom Politzer, OD & Karen Rasavage, OTR

June 20-21

Best Practices in Aphasia Management: Illustrative Case Studies

Faculty: Leora Cherney, PhD, CCC-SLP, BC-ANCDS, Melanie Drane, MA, MFA, LMFT and Center for Aphasia Research and Treatment Staff

June TBD

Management of Executive Function: 5 Week Online Series

Faculty: TBD

July 11-12

25th Annual Interdisciplinary Stroke Course

Course Chair: Richard L. Harvey, MD

“ I definitely gained knowledge I can use in my day-to-day work activities. I will be able to apply what I learned to patient care as soon as I return to work. ”

— *Stroke Course Attendee*

2018-19 Academy Calendar

■ Live webinar ■ Live course ■ Live online series

SEPTEMBER

- Upper Extremity Edema Management in the Stroke Population September 25

OCTOBER

- Improving Nutritional Compliance of Dysphagia Patients for Nursing and Allied Health Practitioners October 9
- Treatment of Visual Problems for Patients with Brain Injury and Stroke October 17

NOVEMBER

- Management of the Neurologic Upper Extremity: An Evidence-Based Approach with Practical Solutions November 9-10
- Collaborating with Interpreters to Connect with Patients Across Language and Culture November 28

DECEMBER

- Pediatric Gait Analysis and Orthotic Management: An Optimal Segment Kinematics and Alignment Approach to Rehabilitation (OSKAR) December 6-8
- Management of Pediatric Spasticity: The Holistic Approach to Treatment of Children with Cerebral Palsy December 13

JANUARY

- Ethical Issues Facing Functional Neurological Disorders January 16
- Updates in Neuroscience: How Therapy Changes the Brain January 29

FEBRUARY

- Updates in Pain Management Pharmacology: Clinical Implications and Side Effects February 6
- Chronic Pain: An Interdisciplinary Approach to a Complex Problem February 12
- Applying Musculoskeletal Principles to the Painful Neurological Shoulder February 19

MARCH

- Updates in Pediatric Dysphagia March 6
- Vestibular Rehabilitation: Theory, Evidence and Practical Application March 14-16

APRIL

- Pharmacological Interventions in Brain Injury April 3
- Swallowing Issues in Patients with Spinal Cord Injury April 9

MAY

- Clinical Evaluation and Management of Visual Perceptual Impairments Following Acquired Brain Injury May 2-3
- Rehabilitation of Patients with Acute Burns May 7
- Blood Flow Restriction: Description and Applications May 14
- Return to Work for Patients with Brain Injury May 21

JUNE

- Management of Executive Function: 5 Week Online Series June TBD
- 42nd Annual Spinal Cord Injury Course June 5-7
- PREP2 for Predicting Upper Limb Functional Outcome After Stroke: Why and How June 11
- Best Practices in Aphasia Management: Illustrative Case Studies June 20-21

JULY

- 25th Annual Interdisciplinary Stroke Course July 11-12
- Sleep Disturbance in Traumatic Brain Injury July 16
- Functional Outcomes and Goal Setting for SCI July 31

Sign up today at sralab.org/Catalog2018

Options for Teams



The Academy now offers cost-effective continuing education for your entire staff. Enhance your team's competencies and expertise through custom plans designed to meet your staff's unique needs: online, in-person at your facility or here at Shirley Ryan AbilityLab.

Email us at academy@sralab.org to learn more.

2018-2019 Live and On-Demand Webinars

BURN REHABILITATION

Rehabilitation of Patients with Acute Burns

5/7/2019 1 hour
Faculty: Rebecca Trantowski Farrell
Audience: PT, OT, SLP, RN

Burn Management in the Rehabilitation Setting

On Demand 1.5 hours
Faculty: Kate De Marco, Jennifer Richert & Kristi Turner
Audience: PT, OT, SLP, RN

Basic Principles of Burn Rehabilitation

On Demand 1.5 hours
Faculty: Jennifer Richert & Kristi Turner
Audience: PT, OT, SLP, RN

CANCER

Evidence Based Rehabilitation in the Breast Cancer Survivor

On Demand 1.5 hours
Faculty: Lori Bravi
Audience: PT, OT, RN

Approach to Managing Cancer Related Fatigue

On Demand 1 hour
Faculty: Sammon Shahpar
Audience: PT, OT, SLP, RN

Neurotoxicity of Chemotherapy and Radiation

On Demand 1 hour
Faculty: Gayle Spill
Audience: PT, OT, SLP, RN

Reviewing the Impact of Chemotherapy for Breast Cancer on Cognition

On Demand 1 hour
Faculty: Diane F. Morean
Audience: PT, OT, SLP, RN

COGNITION

Management of Memory Disorders

On Demand 1 hour
Faculty: Sue Caputo
Audience: PT, OT, SLP, RN

Management of Attention Disorders

On Demand 1 hour
Faculty: Lauren Wineburgh
Audience: PT, OT, SLP, RN

Spaced Retrieval Training: A Cognitive Strategy for Allied Health and Nursing

On Demand 1.5 hours
Faculty: Anne Marie Doyle
Audience: PT, OT, SLP, RN

Management of Executive Function Disorders

On Demand 1 hour
Faculty: Julie Fuith-Costa
Audience: PT, OT, SLP, RN

COMMUNICATION

Collaborating with Interpreters to Connect with Patients Across Language and Culture

11/28/2018 1.5 hours
Faculty: Matthew Ginsberg-Jaekle
Audience: PT, OT, SLP, RN, MD/DO

Management of Written Language Impairments Associated with Right Hemisphere Damage

On Demand 1.5 hours
Faculty: Martha S. Burns
Audience: PT, OT, SLP

Communication Strategies for Patients with Aphasia and Cognitive Disorders for Non-SLPs

On Demand 1.5 hours
Faculty: Elissa Larkin
Audience: PT, OT, RN, MD/DO, AT

Augmentative Alternative Communication (AAC): Low to High Tech Communication Alternatives

On Demand 1.5 hours
Faculty: Anne Ware & Edward Hitchcock
Audience: PT, OT, SLP, RN

Keeping Current with Electronic Aides to Daily Living

On Demand 1.5 hours
Faculty: Edward Hitchcock
Audience: PT, OT, SLP, RN

DEGENERATIVE DISEASES

Medical Management of Multiple Sclerosis

On Demand 1 hour
Faculty: Bruce A. Cohen
Audience: PT, OT, SLP, RN, SW, MD/DO

Medical Management of Parkinson's Disease

On Demand 1 hour
Faculty: Santiago D. Toledo
Audience: PT, OT, SLP, RN, MD/DO

Neurodegenerative Diseases:

Beat Barriers to Being Active

On Demand 1.5 hours
Faculty: Miriam Rafferty & Bridget Fowler
Audience: PT, OT, SLP

DYSPHAGIA

Improving Nutritional Compliance of Dysphagia Patients for Nursing and Allied Health Practitioners

10/9/2018 1 hour
Faculty: Kristin Forand & Karlie Scully
Audience: PT, OT, SLP, RN

Swallowing 101: Dysphagia for Non-SLPs

On Demand 1.5 hours
Faculty: Rene Ruzicka Kanadat
Audience: PT, OT, RN

ETHICS

Ethical issues Facing Functional Neurological Disorders

1/16/2019 1 hour
Faculty: R. Brett Lloyd
Audience: PT, OT, SLP, RN, SW

Working with Patients to Resolve Moral Distress

On Demand 1.5 hours
Faculty: Andy Kondrat
Audience: PT, OT, SLP, RN, SW

Empathy and Connection in Rehabilitation

On Demand 1.5 hours
Faculty: Debjani Mukherjee
Audience: PT, OT, SLP, RN, MD/DO

Decision Making Capacity

On Demand 1.5 hours
Faculty: Teresa A. Savage
Audience: PT, OT, SLP, RN, SW

Assent Versus Consent

On Demand 1 hour
Faculty: Preya Tarsney
Audience: PT, OT, SLP, RN, SW

Conflict of Interest and Ethical Issues in Rehabilitation Practice

On Demand 1.5 hours
Faculty: Peter J. McMennamin
Audience: PT, OT, SLP, RN, SW

Understanding Health Literacy for the Health Care Professional

On Demand 1.5 hours
Faculty: Kristin Elwart
Audience: PT, OT, SLP, RN, SW

MUSCULOSKELETAL

Blood Flow Restriction: Description and Applications

5/14/2019 1 hour
Faculty: Matthew Santa Barbara
Audience: PT, OT, MD/DO, AT

Knee Osteoarthritis: How Your Biology Can Help

On Demand 1 hour
Faculty: Prakash Jayabalan
Audience: PT, MD/DO, AT

Unique Aspects of Performing Arts Medicine

On Demand 1 hour
Faculty: Maria E. Reese
Audience: PT, OT, MD/DO, AT

Regenerative Medicine: Integration into Rehabilitation

On Demand 1 hour
Faculty: Daniel H. Blatz
Audience: PT, OT, MD/DO, AT

Updates in Tendinopathy

On Demand 1 hour
Faculty: Joseph Ihm
Audience: PT, OT, MD/DO, AT

PAIN

Updates in Pain Management Pharmacology: Clinical Implications and Side Effects

2/6/2019 1 hour
Faculty: Shana Margolis
Audience: PT, OT, RN

Sign up at sralab.org/catalog2018

to be notified when new registrations open
and be updated on new Academy offerings.

2018-2019 Live and On-Demand Webinars

Chronic Pain: An Interdisciplinary Approach to a Complex Problem

2/12/2019 1.5 hours
Faculty: Elizabeth Gaffron, Hannah Niles & Patricia Cole
Audience: PT, OT, RN

Pain Science Transformed into Practice

On Demand 1 hour
Faculty: Marwan N. Baliki & Annie O'Connor
Audience: PT, OT, RN, MD/DO, AT

PEDIATRICS

Management of Pediatric Spasticity: The Holistic Treatment of Children with Cerebral Palsy

12/13/2018 1 hour
Faculty: Gadi Revivo
Audience: PT, OT

Updates in Pediatric Dysphagia

3/6/2019 1 hour
Faculty: Lauren Eckerle
Audience: PT, OT, SLP, RN

Executive Function in Children

On Demand 1.5 hours
Faculty: Bobbie Vergo
Audience: PT, OT, SLP

Management of Cognitive-Communication Disorders in Early Childhood

On Demand 1.5 hours
Faculty: Lauren Eckerle
Audience: PT, OT, SLP, RN, MD/DO

SPINAL CORD INJURY

Swallowing Issues in Patients with Spinal Cord Injury

4/9/2019 1 hour
Faculty: Lindsay Giewont
Audience: PT, OT, SLP, RN

Functional Outcomes and Goal Setting for SCI

7/31/2019 1 hour
Faculty: Amanda Olson & Kelly Breen
Audience: PT, OT

Managing Neurogenic Bowel and Bladder in the Person with SCI

On Demand 1.5 hours
Faculty: Diane Rowles
Audience: PT, OT, RN, MD/DO

Facilitating Adjustment to Spinal Cord Injury

On Demand 1.5 hours
Faculty: Jeri Morris
Audience: PT, OT, RN, MD/DO

Medical Complications of Patients with SCI and Its Impact on Rehabilitation

On Demand 1.5 hours
Faculty: Steven Nussbaum
Audience: PT, OT, SLP, RN, MD/DO

Tracheostomy Safety and Management

On Demand 1.5 hours
Faculty: Linda Morris
Audience: PT, OT, SLP, RN, MD/DO

Updates in the Management of Spasticity After Spinal Cord Injury

On Demand 1 hour
Faculty: John R. McGuire
Audience: PT, OT

Sexuality, Fertility and Intimacy After a SCI

On Demand 1 hour
Faculty: Diane Rowles
Audience: PT, OT

STROKE

Applying Musculoskeletal Principles to the Painful Neurological Shoulder

2/19/2019 1 hour
Faculty: Colleen Hanlon
Audience: PT, OT, MD/DO

Upper Extremity Edema Management in the Stroke Population

9/25/2018 1 hour
Faculty: Sarah Zera
Audience: PT, OT, RN

Management of Painful Hemiplegic Shoulder in the Stroke Population

On Demand 1.5 hours
Faculty: Christine Griffin
Audience: PT, OT, AT

PREP2 for Predicting Upper Limb Functional Outcome After Stroke: Why and How

6/11/2019 1.5 hours
Faculty: Catherine Stinear
Audience: PT, OT

What's New: Future Therapies in Stroke Rehabilitation

On Demand 1 hour
Faculty: Richard Harvey
Audience: PT, OT, SLP, RN, MD/DO

Updates on the Management of Spasticity in Stroke

On Demand 1.5 hours
Faculty: John McGuire
Audience: PT, OT, RN, MD/DO

Yes! You Can Predict Outcome in Stroke: Predicting General Recovery

On Demand 1 hour
Faculty: Richard L. Harvey
Audience: PT, OT, SLP, RN, MD/DO

Yes! You Can Predict Outcome in Stroke: Predicting Recovery of Walking, Hand Use and Aphasia

On Demand 1 hour
Faculty: Richard L. Harvey
Audience: PT, OT, SLP, RN, MD/DO

Medical Complications of Patients with Stroke and Its Impact on Rehabilitation

On Demand 1 hour
Faculty: Elliot J. Roth
Audience: PT, OT, SLP, RN, MD/DO

Neuroplasticity and Implications for Stroke Recovery

On Demand 1.5 hours
Faculty: Martha S. Burns
Audience: PT, OT, SLP, RN

TRAUMATIC BRAIN INJURY

Updates in Neuroscience: How Therapy Changes the Brain

1/29/2019 1.5 hours
Faculty: Martha S. Burns
Audience: PT, OT, SLP

Pharmacological Interventions in Brain Injury

4/3/2019 1 hour
Faculty: Elliott J. Roth
Audience: PT, OT, SLP, RN

Return to Work for Patients with Brain Injury

5/21/2019 1.5 hours
Faculty: Jennifer Barthel & Danielle L. Williams
Audience: PT, OT, SLP, RN

Sleep Disturbance in Traumatic Brain Injury

7/16/2019 1 hour
Faculty: Lisa Wolfe
Audience: PT, OT, SLP, RN

Management of Mild Cognitive Impairments in TBI

On Demand 1.5 hours
Faculty: Julie Fuith-Costa
Audience: PT, OT, SLP, RN, MD/DO

Ambiguous Loss in Patients with Traumatic Brain Injury

On Demand 1 hour
Faculty: Jenna Grove
Audience: PT, OT, SLP, RN

Behavior Management for Patients with TBI

On Demand 1.5 hours
Faculty: Katie Kestner
Audience: PT, OT, SLP, RN

Assessment & Treatment of Low Level Brain Injured Patients

On Demand 1.5 hours
Faculty: Julie Fuith-Costa
Audience: PT, OT, SLP, RN

Medical Complications of Patients with TBI and Its Impact on Rehabilitation

On Demand 1.5 hours
Faculty: David Ripley
Audience: PT, OT, SLP, RN

VISION

Treatment of Visual Problems for Patients with Brain injury and Stroke

10/17/2018 1.5 hours
Faculty: Michael Zost
Audience: PT, OT, SLP

Initial Assessment of Visual Impairments for Patients with Neurological Deficits

On Demand 1.5 hours
Faculty: Kelsey Watters
Audience: PT, OT, SLP

WOUNDS

One Good Turn Deserves Another: Relieve that Pressure

On Demand 1.5 hours
Faculty: Mimi Zeigler
Audience: PT, OT, RN

Visit sralab.org/academy for CEU details, instructor disclosures, accessibility and other information.

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